

元智大學體育共同必修科目表

(105 學年度入學新生適用)

必修科目 別 Category	學分數 Credit	課程說明 Course description
大一普通 體育課		<ol style="list-style-type: none"> 1. 大學部一至二年級體育課程為必修。 2. 另設立運動基礎能力檢測，將其列為畢業門檻，包括 25 公尺游泳之「游泳能力檢定」及 3000 公尺跑走之「心肺適能檢定」。畢業前如仍無法通過檢測，但已修習該檢定課程四學期，且每學期成績均達 50 分，則視同通過檢測。 3. 二年級可依個人興趣選修體育課程，不得延至三、四年級修習，且不得於同一學期同時修兩門或以上體育課程。 4. 若在一、二年級所修習課程成績不及格者或特殊原因，無法依第 3 條規定選課者，需向體育室提出申請，並至體育室辦理手續。重修或補修選課原則，皆為上學期補上學期，下學期補下學期。 5. 如有特殊原因，無法修習普通、興趣選項體育課程及接受運動基礎能力檢測者，得開立地區以上等級之醫院診斷證明書，或經相關單位轉介並由體育室教學組同意後，編入健康體適能班上課。通過該課程考評視同完成該學期體育課程，且無需再接受運動基礎能力檢測。
大二 興趣選項 體育課 Physical Education (PE)	0	<ol style="list-style-type: none"> 1. This course is required for freshmen and sophomore students. 2. Add on the graduation requirements: Swimming and Cardio. For swimming: students are required to successfully complete a short course (25m) in the first semester of freshmen year. Cardio: students are required to successfully complete 3,000m within time limit in either walking or jogging. However, if students participate in the training courses for more than four semesters and the average score of four semesters exceed 50 points, students may be considered as requirements fulfilled. 3. Sophomore students can select PE courses by interest but cannot postpone their PE Education to the third and fourth year. The students cannot choose more than one PE course each semester. 4. Application is required if the students need to postpone their PE to the third and fourth year because of specific reasons or course flunk. If the course is flunked in the first semester and the makeup PE course should be selected in the first semester; if the course is flunked in the second semester and the makeup course should be selected in the second semester. Application should be sent to the Physical Education Office. 5. For specific reasons, students who cannot participate in PE courses have to provide a certificate that is issued by a regional hospital to the Physical Education Office. These students will be assigned to a “Healthy and Fitness” course. Students who take “Healthy and Fitness” course and pass the test do not need to fulfill the requirements.